

ASSOCIATION INSOMNIA
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INFO SHEET

“YOUTH PHOTO GAMES”

Training Course is about promotion of voluntarism using creative photography as a method for social inclusion of youth with fewer opportunities.



SERBIA, 1. – 9. JUNE 2012
NOVI SAD, SERBIA

Welcome

Dear partners and colleagues,

We are happy to welcome you to Novi Sad for our Training Course!

In this info sheet you will find description of the venue, how to reach Novi Sad and all necessary information about the program. Furthermore, you will find a short description of the Training Course (TC), a list of expected travel costs and a timetable of the TC. For all questions, please contact us at insomnia.organizataion@gmail.com.

In case of any problem during your travel or if you need any further information please don't hesitate to contact us!

Boris Radivojkov
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See you soon,
Team of Association iNSomnia



Content and aim

The Project “Youth Photo Games”

Period of realization:

From 1st to 9th June, 2012

Location:

Novi Sad, Serbia

The main topics of the training:

Youth in Action Programme advocacy

Promote voluntarism and inclusion

Creative photography

Social Inclusion theory

Training Course “Youth Photo Games“ offer to participants new art techniques and learning methods for improving inclusion of excluded groups of youth with psychological problems – mental health problems. Also by promotion youth voluntarism and photo activities, as a result of our TC participants will use those learning methods in everyday work with excluded youth including them in active local community life. Idea is to show that there is possibility to solve certain mental health problem caused by stress through application of photography action. This art activity can lead to solution or point out a problem that can be resolved by working on it afterwards.

Working language:

English – all participants must be able to actively communicate using English language

Partners: 15 countries

Serbia, Albania, Armenia, Belarus, Germany, Croatia, Italy, Macedonia, Malta, Portugal, Romania, Russian Federation, Spain, Turkey and Ukraine.

Funding:

100% for accommodation and food will be covered and 70% of travel cost. Travel costs will be reimbursed after Training Course finished when hosting organization receive original travel tickets (and boarding passes).



Location

HOW TO REACH NOVI SAD

Meeting point:

Meeting point will be in Hotel "Vojvodina" which is in center of Novi Sad, address: Trg slobode 2. **Please note that we expect you to arrive on June 1st.**

How to get to Novi Sad

You can reach Novi Sad directly from Belgrade (train, bus), Budapest (train) and Zagreb (bus). **We are kindly asking you to choose the ecologically and economically friendly means of transport, if possible.** If you choose airplane, please be aware that there are (unfortunately!) no cheap flights to Serbia, but that you can find a cheap flight to Budapest or Zagreb. Please take a look in table (down) about your maximum travel costs which we can refund.

From Belgrade (capital city of Serbia) to Novi Sad you can choose to take either train or bus.

Trains are cheaper and costs about 5 EUR (500 RSD) one-way and less reliable (can be late between 15 and 150 minutes!). The train ride usually takes a bit less than two hours.

Buses from Belgrade to Novi Sad go quite often. The price goes from 600 to 900 RSD (6-9 EUR).

From Budapest (Hungary), there are two direct trains to Novi Sad. The both way ticket costs around 25 EUR. Web site of Serbian railway is www.zeleznicesrbije.com.

From Zagreb (Croatia) there are two direct busses two to Novi Sad. The ticket costs around 25 EUR.

Web site of Bus station in Novi Sad is www.gspns.co.rs and Bus station in Belgrade is www.bas.rs. There are buses from Belgrade to Novi Sad every 15-20 minutes between 5am and 11pm.

The following airlines are flying to Belgrade (selection):

- Alitalia - www.alitalia.com
- Austrian Airlines - www.aa.com
- Air France - www.airfrance.com
- Czech Airlines - www.czechairlines.com
- Turkish Airlines - www.thy.com
- Swiss International Air Lines - www.swiss.com
- Olympic Airlines - www.olympicairlines.com
- JAT Airways - www.jat.com
- Germanwings - www.germanwings.com
- Lufthansa - www.lufthansa.com

If you arrive to **Belgrade by plane**, there's a bus driving from **Belgrade Airport («Nikola Tesla»)** every half an hour, just in front of the airport building. It will take you to the central train station in Belgrade (ZELEZNICKA STANICA), which is just next to the central bus station in Belgrade (AUTOBUSKA STANICA). The ride costs up to 240 RSD, it is about 2.5 EUR - money can be changed directly at the airport. If you choose taxi it should cost more than 1000 RSD (10 EUR) to the central bus or train station in Belgrade. **Traveling by taxi can not be refunded.**

How to get to Hotel “Vojvodina”

Main train and bus station in Novi Sad are at the same place. From there to the Hotel you can take public bus, line number 4. You can also take taxi but we can not refund taxi bills. Taxi for that route costs about 200 RSD (2 EUR). But please note that you have to take some of these taxi companies because others are more expensive: Novus, Grand taxi, Delta taxi, SOS taxi, Vojvodjanski, Nacionalni taxi, VIP taxi, Nas taxi.

PLEASE DON'T FORGET

What to bring:

- **Passport + Visa (for countries which it needs for Serbia*)**
- **Part III (with original stamp and signature)**
- **Photography camera (if possible DSLR)**
- **Lap top (if you have and think that you need)**
- **Promo material** to present the organization, projects and your work

What to prepare:

- **Bank account in EUR (details are in Application form)**

What to keep:

- **All travel tickets, bills and boarding passes**

*Please check if you need visa by following this link: http://www.mfa.rs/to_serbia.doc
Also you can find more info: www.mfa.rs

And also:

- Things that represent your country at intercultural evening (food, drink, music, story...)
- Movies about successful projects concerning YiA Programme your organization did (so you can bring with you)
- Be prepared for a lot of intensive work on the training. Bring comfortable clothing for working

USEFULL INFO

Language:

In Serbia the official language is Serbian language. The official letter in Serbia is Cyrillic writing, but Latin letters are also in use.

Serbian	English
Dobro jutro	Good Morning
Dobar dan	Good Afternoon
Da/Ne	Yes/No
Živeli	Cheers
Kafa, Čaj	Coffee, Tea
Do viđenja	Goodbye
Pivo	Beer
Hvala	Thank you
Izvini	Sorry

Electric:

220 V, 50 Hz
2 pin plugs used

Money

The domestic currency is the Serbian Dinar (RSD).

The exchange rate is 1 € = approx. 106 Dinar.

You can exchange foreign currency in exchange offices and banks. Be aware that it might be difficult to exchange coins here, so bring the paper bills.

There is no significant difference in the exchange rates, except at the airport, hotels and sometimes restaurants.

Many of the banks in Serbia have ATMs. Visa, Master card and other cards can be used, but always ask in advance if you plan to pay something with it.

Customs

You are allowed to bring the following into Serbia without facing taxes: 200 cigarettes, 50 cigars or 250 grams of tobacco; 1 liter of wine and 1 liter of spirits; 1/4 liter of Eau de Cologne and a 'reasonable' quantity of perfume; 2 photo cameras; 1 movie camera; 1 pair of binoculars; 1 pocket electronic calculator; camping equipment and 1 bicycle.

Foreigners are allowed to bring their medications, but are advised to declare the quantity on the entry to Serbia, so they won't have any problems leaving the country with it.

More information you can find at: <http://insomnia.udruzenje.org/info.html>

The venue

Novi Sad

Novi Sad (Serbian Cyrillic: Нови Сад) is the main administrative centre of the northern Serbian province of Vojvodina, and the administrative centre of the South Bačka District. The city lies in the southern part of Central Europe's Pannonia Plain, on both banks of the Danube River.



Novi Sad is Serbia's second largest city, after Belgrade. According to the data from November 2009, the city had an urban population of 283,634, while its municipal population was 370,101. The city is located on the border of the Bačka and Srem regions, on the banks of the Danube River and Danube-Tisa-Danube Canal, while facing the northern slopes of Fruška Gora Mountain. Since it was founded in 1694, Novi Sad became the centre of Serbian culture and earned its nickname Serbian Athens. Today, Novi Sad is a large industrial and Financial Centre of the Serbian economy; and it is also one of the biggest construction sites in the region. The name Novi Sad means "New Plantation" (noun) in Serbian. It is a translation of the Latin word "Neoplanta," which was given by Maria Teresia. As a meeting place of cultures and people, Novi Sad came to have many different names in various languages.

Accommodation

Hotel “Vojvodina”

We will be accommodated in the Hotel “Vojvodina” at the center of Novi Sad. The hotel has all the basic facilities including a restaurant and wireless Internet.

Street Address: Trg Slobode 2,
Town: 21000 Novi Sad, Serbia,
telephone: +381 (0) 21 6622-122

For more information: http://www.hotelvojvodina.rs/index_en.php

Travel costs

We will reimburse **70% of the travel costs as listed below** for the TC on the basis of the *cheapest* possibilities, e.g. second class railway tickets, bus, flights etc. by bank transfer after the TC and the receipt of all **ORIGINAL tickets, bills, invoices, receipts, boarding tags/cards** etc.

We **can not** refund any travel costs done by car. If public transport is not possible, please contact us immediately as we need to check with European Commission from Brussels if they accept traveling by car, but we would need to justify the reasons why public transport is impossible before start of TC. **Participant must travel from country of sending organization, and back.** Following the guidelines of the YiA programme **the travel back must be realized by the participants on direct way within maximum 4 days.** In case of longer stays or indirect traveling (holiday travel etc.) there is no chance of reimbursement of travel costs. **Missing tickets will not be reimbursed.**

Maximum travel costs expencies which can be refunded

Organization	Number of persons	From	To	Means of transport	Total costs in € (100%)	Grant requested in € (70%)
Association "iNSomnia"	2	Backi Jarak, Serbia	Novi Sad	bus, train	30,00	21,00
Warm Hand Association	2	Tirana, Albania	Novi Sad	bus, train	300,00	210,00
United Youth NGO	2	Yerevan, Armenia	Novi Sad	bus, train, plane	1200,00	840,00
Legal clinic of Belarusian State University	2	Minsk, Belarus	Novi Sad	bus, train, plane	900,00	630,00
CULTURE GOES EUROPE (CGE) – Soziokulturelle Initiative Erfurt	2	Erfurt, Germany	Novi Sad	bus, train, plane	900,00	630,00
Raplektion	2	Dugi Rat, Croatia	Novi Sad	bus, train	250,00	175,00
Kampus Association	2	Enna, Italy	Novi Sad	bus, train, plane	700,00	490,00
European Institute for Relations and Cooperation Bitola	2	Bitola, Macedonia	Novi Sad	bus, train	250,00	175,00
Malta UNESCO Youth Association	2	Birkirkara, Malta	Novi Sad	bus, train, plane	1100,00	770,00
Associação Check-IN – Cooperação e Desenvolvimento	2	Beja, Portugal	Novi Sad	bus, train, plane	1100,00	770,00
"Support for Youth Development" Association	2	Cluj-Napoca, Romania	Novi Sad	bus, train, plane	700,00	490,00
Ufa Falcon	2	Ufa, Russian Federation	Novi Sad	bus, train, plane	1100,00	770,00
University Social Center	2	Murcia, Spain	Novi Sad	bus, train, plane	900,00	630,00
Takim Yildizi Scouting, Youth and Sports Club	2	Istanbul, Turkey	Novi Sad	bus, train, plane	700,00	490,00
Institute of Ukrainian Studies	2	Lviv, Ukraine	Novi Sad	bus, train, plane	850,00	

Organizers

Association iNSomnia

“iNSomnia” (www.insomnia.udruzenje.org) is association of youth artists who will do Training Course using non-formal way of learning – through working on creative artistic methods. “iNSomnia” works on organizing fun and culture activities for young people: youth info work, organizing volunteers, organizing fun and culture activities for youth, organizing all activities which improve quality of youth life.

Trainers:

Boris Radivojkov – expert for photography and education:

(<http://www.boristradivojkov.com>)



Finished the “Arts and Crafts secondary School” in Šabac, Painting, Conservation and Restoration. Graduated the “Faculty of Applied Arts” in Belgrade, Applied Graphics, specialism Photography. Educated also through non-formal education on a lot of workshops, and training courses about art, culture, photography, music, painting, graphic, theatre and also about psycho-drama, pedagogy, psychology, sociology of Serbian and international famous artists and trainers.

Participated with the photographs and digital graphics in a number of national and international exhibitions. Awarded in 2005. and in 2006. at the International Miniature Photography Saloon in Belgrade.

He presented his art works and art projects on art symposiums and festivals in Germany, Greece, Turkey, Serbia. He worked in cooperation with artists from different countries on those projects.

He works as a professional photographer and educator. He leads workshops and courses of photography in Novi Sad, Serbia. He is interested in work on improvement new educational methods (connected to techniques of art) for improving social aspects life of young people.

Nebojsa Djeric – experienced SALTO trainer



(http://www.fabrikart.org/nebojsa_djeric.htm)

Well experienced Salto trainer of non-formal education and youth worker actively involved in NGO sector from 1995. As a creator of projects, project coordinator, youth worker, educator/facilitator he has participated on many different local, national and international youth projects that are related with youth work and human rights.

From 2000 as a trainer completely devoted to non-formal education using Youth Programme (Youth in Action Programme). Nick is open-minded, friendly, communicative, positive, tolerant and ready to implement/experiment on new methods (connected to techniques of animations and methods used in theatre) in order to animate people to get actively involved in workshops and training activities.

As a trainer/facilitator he has a good interaction with groups of participants, very flexible/adaptable and capable of noticing their needs and able to manage and recognize processes in the group as the training unfolds. Thanks to his occupation and willingness to work with youth, to devotedness and activities in youth work, thanks to created and approved projects from Youth in Action Programme, as a trainer/educator Nick has worked with young people from the whole Europe and the world.

Nick travelled a lot, had a cooperation with many youth NGO and he is still active in improving skills, knowledge and experiences as a trainer working in different countries: Serbia, England, Austria, Romania, Sweden, Czech Republic, Hungary, Bulgaria, Macedonia, Bosnia & Herzegovina, Croatia, Montenegro, Poland, Netherlands, Northern Ireland...

Support

Foundation

The European Commission, the European Parliament and the Member States of the European Union have agreed to establish the Youth in Action Programme, which puts into effect the legal framework to support non-formal learning activities for young people. It will run from 2007 to the end of 2013.

Find more about it on: http://ec.europa.eu/youth/index_en.htm

